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Delayed Sleep Phase Type Circadian Rhythm Sleep Disorder

National Cancer Institute

Source

National Cancer Institute. *Delayed Sleep Phase Type Circadian Rhythm Sleep Disorder*.
NCI Thesaurus. Code C95073.

A subtype of circadian rhythm sleep disorder in which the individual exhibits a persistent pattern of late sleep onset and late awakening, which results from an endogenous sleep-wake cycle that is delayed relative to the societal norm.