

Peer Review

# Review of: "Food Safety and Dietary Practices in Adult Individuals of Nadiad District"

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## *Strengths and Limitations*

### **Strengths**

This study presents several notable strengths. First, the manuscript is written in a clear and practical manner, facilitating comprehension across diverse audiences. Additionally, the use of accessible and straightforward language increases its potential applicability to the general population. The research also offers valuable components that may contribute to the training and education of specific population groups. Furthermore, the questionnaire employed in the study is characterized by direct and concise questions, which enhances the clarity and effectiveness of data collection.

### **Limitations**

Despite its strengths, the study also presents certain limitations. One limitation is the relatively small number of questions included in the questionnaire, which may restrict the depth of the data obtained. Moreover, the sample population lacks homogeneity, making it difficult to draw specific conclusions or formulate targeted arguments based on age groups. There is also a lack of balance in the selection and inclusion of participants with respect to occupation, income level, and dietary habits. These factors may limit the generalizability of the findings and hinder the ability to derive specific conclusions that could effectively promote awareness regarding the importance of food safety and its implications for public health.

## **Declarations**

**Potential competing interests:** No potential competing interests to declare.