

Review of: "Understanding Creativity"

Elvy Maria Manurung¹

¹ Universitas Katolik Parahyangan

Potential competing interests: No potential competing interests to declare.

This topic is very interesting because it is closely related to human life today. I was happy to read the statement that "Creativity is a healing, life-affirming activity. This belief is supported by the research." Without human creativity, it would be difficult to survive in the current era of digital technology and very rapid change. 1. Physically, humans are 'premature' and vulnerable creatures. Unlike other organisms, humans are not definitively programmed by nature. They have to create their own peculiar world, i.e., human civilizations. Hence, creativity is **essential to human nature**. Humans are '**autopoietic**' (they create themselves - F. Varela).

Some input from me to build a more comprehensive and firm foundation for the author is in terms of discussing creative aspects not only from a practical perspective but deeper than that; there are also philosophical aspects as follows (Sugiharto, I. B., Faculty of Philosophy, Parahyangan Catholic University, 2024):

Creativity from a philosophical aspect:

1. Giving form to the formless, order to the disorder
2. Lateral/non-linear thinking, playing with the seemingly impossible
3. Wrestling from the complexities and contradictions something that helps us live to a better purpose
4. Seeing what is actual as potential; transforming the potential into
actual; or converting a problem into an opportunity
5. Challenging the established boundaries and conceptual categories
6. Applying knowledge and skills in new ways to achieve a valued goal

Practical aspect: solution seeking, filling the gap, modifying, redesigning, reorganizing,
opening new possibilities, inventing, even questioning.

