

# Review of: ""Mealtime Hydration's Impact on Digestion": An Editorial Article"

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**Potential competing interests:** No potential competing interests to declare.

Dear author,

Congratulations on your work. This editorial article is very interesting and important. Your writing is fluid and easy to understand.

Here are some points to consider:

In the fourth paragraph, you cite "recent studies," but you use references that are more than 10 years old, which is not recent.

Your objective of identifying the gaps ended up not being fully achieved, since you did not consider or mention other factors involved in digestion that could be influenced by hydration, such as factors related to the host, diseases, meal composition.

Another point of attention, still in the objective, is that you want to be a guide for health professionals, which is not possible with an editorial article. This type of article is intended only to convey information, not to be a guide. Guidelines are developed using systematic reviews with meta-analysis.

In any case, in your conclusion, you do not inform which points would serve as a guide for professionals, nor which could be the points of greatest interest and with fewer publications that would guide future studies.

Therefore, it would be interesting to modify your objectives or try to bring the information listed above into your conclusion.

However, overall, you wrote an excellent article on such an important topic for human health.