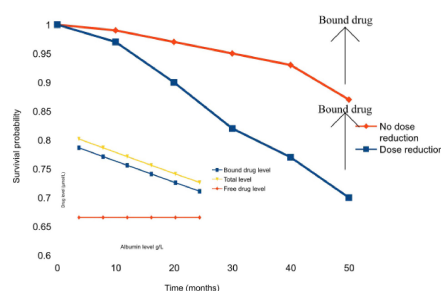


Figure 4. Superimposed dose-reduced chemotherapy over survival curve data.



Halting severe chemotherapy toxicity and improving patient outcomes in cancer treatment

Dean Tatlow

Funding: The author(s) received no specific funding for this work.

Potential competing interests: The author(s) declared that no potential competing interests exist.

Abstract

In cancer treatment, there is a narrow therapeutic window with chemotherapy agents. The most common reason for chemotherapy dose reduction is neutropenia resulting in impaired survival. Chemotherapy dosage is calculated based on body surface area, with no adjustment recommendation for a patient's albumin level even though chemotherapy medications are highly protein-bound. The insight gained by mathematical modeling suggests an altered free/bound drug ratio in patients with low albumin results in severe side effects. Furthermore, mathematical modeling also reveals impaired survival in dose-reduced chemotherapy patients may be from decreased bound drug levels while free drug levels remain unchanged. Restoring the free/bound drug ratio by correcting a patient's albumin deficit will reduce chemotherapy side effects and improve patient outcomes. Finally, enhanced chemotherapy treatment is possible by capping the free drug level and maximizing the bound drug level. The mathematical model predicts the following chemotherapy medications will have altered free/bound drug ratio in patients with low albumin: cisplatin, oxaliplatin, doxorubicin, epirubicin, idarubicin, paclitaxel, eribulin, etoposide, vinorelbine, bendamustine, chlorambucil, and pemetrexed.

Halting severe chemotherapy toxicity and improving patient outcomes in cancer treatment.

Dean Tatlow, Scarlet Tatlow, Corinne Tatlow and Savannah Tatlow

SUMMARY

In cancer treatment, there is a narrow therapeutic window with chemotherapy agents. The most common reason for chemotherapy dose reduction is neutropenia resulting in impaired survival. Chemotherapy dosage is calculated based on body surface area, with no adjustment recommendation for a patient's albumin level even though chemotherapy medications are highly protein-bound. The insight gained by mathematical modeling suggests an altered free/bound drug ratio in patients with low albumin results in severe side effects. Furthermore, mathematical modeling also reveals impaired survival in dose-reduced chemotherapy patients may be from decreased bound drug levels while free drug levels remain unchanged. Restoring the free/bound drug ratio by correcting a patient's albumin deficit will reduce chemotherapy side effects and improve patient outcomes. Finally, enhanced chemotherapy treatment is possible by capping the free drug

level and maximizing the bound drug level. The mathematical model predicts the following chemotherapy medications will have altered free/bound drug ratio in patients with low albumin: cisplatin, oxaliplatin, doxorubicin, epirubicin, idarubicin, paclitaxel, eribulin, etoposide, vinorelbine, bendamustine, chlorambucil, and pemetrexed.

INTRODUCTION

It is unknown what predisposing factors cause severe toxicity in chemotherapy patients, with some studies revealing the incidence of serious adverse effects occurring after chemotherapy affecting up to 44.5% of patients.¹ A study in advanced

breast and ovarian cancer has shown 48.7% of patients require dose reduction because of severe side effects.² Chemotherapy dosage is calculated based on body surface area (BSA) to reduce medication variability in therapeutic and toxic effects. However, there is no adjustment recommendation in chemotherapy dose for a patient's albumin level even though chemotherapy medications are highly protein-bound. It is assumed in chemotherapy treatment that linear protein binding persists throughout the range of serum albumin levels.³ A patient's albumin level may play a predominant role in chemotherapy toxicity since free drug levels can be dramatically higher than expected from total drug levels, especially for highly protein-bound drugs.³ Thus, patients may experience drug toxicity even when total drug levels are within the therapeutic range.^{3,4,5} There is evidence in patients treated with cisplatin that the risk factor for nephrotoxicity results in high peak plasma-free platinum concentrations.⁶ In patients with hypoalbuminemia treated with medication the lower the albumin level the risk of side-effects is increased.⁷ There are limited studies investigating the relationship between toxicity and free and bound drugs levels in chemotherapy treatment. The distribution characteristics of free and bound drugs are different. The free drug is widely distributed in the body resulting in severe side effects as the free drug reaches high levels. The bound drug limited to serum has fewer side effects, such as seen with Abraxane, acting as a carrier molecule that delivers the medication to metabolically active cells.^{8,9} The major problem with chemotherapy treatment in cancer is drug toxicity represented by elevated free drug level.

Cisplatin and doxorubicin are common chemotherapy medications used to treat many types of cancer. Chemotherapy-related severe toxicity for both cisplatin and doxorubicin is neutropenia.¹⁰ Other side effects reported with cisplatin treatment are nephrotoxicity, neurotoxicity, and ototoxicity.¹⁰ The main side-effect, besides neutropenia with doxorubicin treatment, is cardiotoxicity.¹⁰ Survival curves reports have shown chemotherapy dose reduction often results in dose reduction causing decreased patient survival.^{11,12} In many studies, dose reduction of chemotherapy of more than 85% results in a decrease in survival.^{11,12}

A mathematical model of chemotherapy dosing offers further insight into understanding how albumin levels alter the free and bound drug levels leading to an increased risk for severe chemotherapy toxicity. In this paper chemotherapy dosage is model by mathematical equations coupled with physiological parameters for total albumin and volume of distribution to determine free and bound drug levels. The total albumin does not scale with actual body weight but instead correlates with ideal body weight and lean body weight. A patient's actual body weight correlates with the volume of distribution. The model reveals patient physiological parameters and drug-specific characteristics that are important considerations for patients' chemotherapy treatment regime.

RESULTS

Figure 1a and 1b represent free drug levels over BMI for doxorubicin and cisplatin, respectively.

Figure 2a and 2b doxorubicin and cisplatin BSA dosing over albumin levels 25- 45g/L.

Figure 3a and 3b Capped free drug level dosing over albumin levels 25-45g/Lfor doxorubicin and cisplatin, respectively.

Figure 4 Image of a representative survival dose reduction curve graph superimposed over chemotherapy dose reduction by capped free drug level.

METHODS

Table 6 BMI reference range for hypoalbuminemia in obesity.

Table 7 Albumin correction

DISCUSSION

It is difficult to determine which patients will suffer from severe toxicity such as neutropenia before chemotherapy treatment. Mathematical modeling reveals patients with low albumin levels have dramatically altered free/bound drug ratios. The ratio change in drug levels leads to an excessive free drug level widely distributed to all tissues. Exposure of tissues to these increased free drug levels causes severe side effects. Conversely, diminished bound drug levels in patients with low albumin impact survival. The new insight gained by mathematical modeling suggests capping the free drug level and maximizing the bound drug level will refine chemotherapy treatment making it more effective and less toxic.

Many studies reveal albumin binding to medication is concentration-independent (linear protein binding), with drug levels increasing as the fraction unbound remains constant. In patients with normal albumin levels, a large percentage of the chemotherapy drug is bound to albumin with a small percentage as free drug. The high incidence of severe side-effects in hypoalbuminemia patients indicates non-linear protein binding plays a role in severe chemotherapy side-effects. A rapid rise in free drug levels occurs in non-linear protein binding once albumin binding sites become saturated increasing the fraction unbound. As revealed by phenytoin, non-linear protein binding occurs with an increase from 10% to 50% fraction unbound in a patient with low albumin.⁴ In this way, albumin drug binding is analogous to a buffer solution at saturation with a dramatic rise in pH resulting from a small additional amount of acid or base. Phenytoin has similar protein binding and volume of distribution as cisplatin suggesting the cisplatin free/bound drug ratio is altered in patients with low albumin.⁹ Further signs of the similarity between phenytoin and cisplatin is drug toxicity in patients with low albumin, suggesting non linear protein binding.^{4,12} Studies have shown chemotherapy treated patients with low albumin levels less than 36g/L were associated with a higher risk of grade 3+ chemotherapy toxicity.^{13,14} Thus, patients with low albumin who receive chemotherapy treatment should raise the same concern of overdose as patient with phenytoin.

There are inconsistencies between doxorubicin and cisplatin dosing recommendations for obesity in the literature. Doxorubicin uses actual body weight for BSA dosing,¹⁴ whereas the cisplatin dose is limited to $2.0\text{m}^2/\text{mg}$ BSA.¹⁵ The mathematical model using BSA dosing over various BMIs reveals the basis for restricting the cisplatin dose to $2.0\text{m}^2/\text{mg}$ BSA. For patients with a BMI of 50, the free drug level of cisplatin increased to 2.5x normal, in contrast to doxorubicin with an increased 1.54x normal (Figure 1a and b). The literature agrees with the mathematical model with actual body weight dosing for doxorubicin and capping the cisplatin dose at $2.0\text{m}^2/\text{mg}$ BSA to reduce toxicity.^{14,15} Doxorubicin has substantially less toxicity than cisplatin because of decreased protein binding of 75% and the large volume of distribution acting to dilute the free drug level. Cisplatin is highly bound to albumin at 90% and has a lower volume of distribution resulting in a higher free drug level and more toxicity than doxorubicin. In another paper, there is no evidence to show obese patients receiving chemotherapy experience increased toxicity with actual body weight BSA dosing.¹⁶ In this paper, busulfan, cyclophosphamide, and cyclosporin are not bound to albumin, and methotrexate is minimally bound to albumin suggesting the total drug level closely represents the free level. These results show that high protein binding chemotherapy medications may make patients with low albumin vulnerable to drug toxicity because of an altered free-bound drug ratio. Shem-Tov et al. emphasize the lack of a standard of practice for dosing chemotherapy in obesity.¹⁷ Taking the albumin binding characteristics of chemotherapy medications into consideration can help determine the appropriate dosing method for obese patients. Dose adjustment for highly albumin-bound chemotherapy medications are IBW and LBW, and medications not highly albumin-bound ABW.

There are two circumstances in chemotherapy treatment where a patient's low albumin level is problematic. One patient with low albumin who receives BSA-dosed chemotherapy has increased side effects because of high free drug levels. The other is dose-reduced chemotherapy resulting in decreased bound drug reducing survival. These circumstances reveal the dilemma in chemotherapy between the quality of life and survival where dose reduction reduces toxicity at the cost of survival.

Mathematical modeling BSA dosing of cisplatin and doxorubicin over varying albumin levels reveals chemotherapy medications differ in the factor of free drug levels rises. A considerable difference in the free drug level is shown between cisplatin and doxorubicin at 40g/L albumin at 2.0 times and 1.3 times, respectively (Figure 2a and b). Mathematical modeling for patients with albumin at 25g/L shows a dramatic rise in free drug levels of 2.32 to 4.8 times the normal free drug levels for doxorubicin and cisplatin, respectively (Figure 2a and b). In a paper by Dotan et al., an albumin level less than 36g/L had a higher risk of grade 3+ chemotherapy toxicity.¹³ The graphs reveal as albumin levels decline, the factor rise in the free drug level increases resulting in a worsening degree of toxicity. The main reason for dose reduction in patients is neutropenia, this may occur because of high free drug levels in hypoalbuminemia.

Dosing chemotherapy with the concept of capping the free drug level over decreasing albumin levels may reflect the free and bound drug levels seen in patients who undergo dose-reduction chemotherapy. Capped free drug level dosing of chemotherapy for both cisplatin and doxorubicin results in decreased bound drug level compared with non-dose reduced patients or patients at 45g/L albumin (Figure 3a and b). In studies, patients who have received dose-reduced chemotherapy because of previous side effects can complete therapy similar to non dose-reduced patients.^{11,12} Unfortunately, patients who have received dose-reduced chemotherapy are found to have decreased survival compared to non-dose reduced patients, suggesting a decrease in bound drug level may be to blame.^{11,12}

A decrease in cancer survival with chemotherapy treatment revealed by dose reduction survival curve data may be related to a decrease in the bound drug level. Superimposing the cisplatin dose reduction mathematical model over chemotherapy survival curves reveals a correlation in survival with a drop in the bound drug level (Figure 4). The difference in bound drug level between no dose reduction and dose reduction at albumin 25g/L for doxorubicin and cisplatin was a decrease of 44.6% and 55% of normal, respectively. Thus, correcting the albumin deficit in cancer patients will restore the free and bound drug levels to those seen in non-reduced chemotherapy patients. In a study by Wang et al., patients with albumin less than 30g/L were infused with 30 grams of albumin before chemotherapy had reduced toxic symptoms.¹⁹ A concern with the Wang et al. paper is the lack of albumin used. For example, a 75kg patient with albumin of 30g/L would need around 100grams of albumin to restore the patient to normal levels before chemotherapy treatment. The objective of an albumin infusion is to correct the free/bound drug ratio so it falls within the therapeutic window, where linear protein binding occurs, as oppose to non-linear protein binding. Correcting a patient's albumin deficit before chemotherapy treatment will help resolve the dilemma of quality of life versus survival. Reducing hospitalizations as a result of neutropenia prevention can have a significant reduction in medical care costs. In 2012 the cost of chemotherapy-induced neutropenia in the U. S was suggested at 2.3 billion.

Albumin-bound medications are under investigation to decrease the side effects of chemotherapy. Both cisplatin and

doxorubicin have formulations developed that utilize albumin as a carrier molecule. In current studies, albumin-based nanoparticles deliver doxorubicin in breast cancer treatment. The albumin-bound complex of cisplatin is currently under further investigation.²⁰ Abraxane, an albumin-bound medication of paclitaxel, is used to treat many types of cancer.^{7,8} In studies, nab-paclitaxel (albumin-bound) had improved event-free survival benefits but had no difference in survival compared to solvent-based paclitaxel.^{7,8} Abraxane, Nab-paclitaxel, lack of improvement in patient survival might be due to the absence of free drug. These results may indicate the importance of the free drug working synergistically with the bound drug to improve survival.

Changing chemotherapy dosing from BSA to dosing based on free and bound drug levels will prevent toxicity and improve patient outcomes in cancer treatment. The mathematical modeling developed here predicts free and bound drug levels based on the specific chemotherapy medication and patient-specific characteristics. Enhanced chemotherapy treatment may be possible by capping the free drug level and maximizing the bound drug level allowing for more aggressive cancer treatment.

The mathematical model predicts the following: the difference in toxicity seen between two chemotherapy medications, the degree of toxicity associated with decreasing albumin, the importance of bound drug in survival, enhanced chemotherapy dosing, and reveals several other chemotherapy agents with high plasma protein binding. The underlying prediction is an increase in the fraction unbound of the drug will occur in a patient with hypoalbuminemia. The mathematical model confirmation is possible by measuring free and bound drug levels in chemotherapy patients with various albumin levels. Finally, a randomized double-blinded control trial of albumin supplementation versus no supplementation in hypoalbuminemia patients can reveal the differences in toxicity and survival.

REFERENCES

1. Ingrand I, Defossez G, Lafay-Chebassier C, Chavant F, Ferru A, Ingrand P, Pérault-Pochat MC. Serious adverse effects occurring after chemotherapy: A general cancer registry-based incidence survey. *Br J Clin Pharmacol*. 2020

Apr;86(4):711-722. doi: 10.1111/bcp.14159. Epub 2020 Jan 16. PMID: 31658394; PMCID: PMC7098859.

2.Denduluri N, Lynman G, Wang Y. *et al.* Chemotherapy dose intensity and overall survival among patients with advanced breast or ovarian cancer. *Clin Breast Cancer*. 2018 Oct;18(5):380-386.

3.Musteata, F.M. Measuring and using free drug concentrations: Has there been 'real' progress? *Bioanalysis* 2017, 9, 767–769.

4.Tatlow D, Poothencheri S, Bhangal R, Tatlow C. Novel method for rapid reversal of drug toxicity:a case report.*Clin Exp Pharmacol Physiol*. 2015;42:389-393.

5.Tatlow D. Jekyll and Hyde of chemotherapy treatment: method for patient-specific dosing of chemotherapy medications. *Clin Exp Pharmacol Physiol*. 2017;00:1-5.

6.Hayati, F., Hossainzadeh, M., Shayanpour, S., Abedi-Gheshlaghi, Z. & Mousavi, S. S. B. Prevention of cisplatin nephrotoxicity. *J. Nephropharmacol*. 2016 5(1), 57.

7.Gurevich, Konstantin. Effect of blood protein concentrations on drug-dosing regimes: Practical guidance. *Theoretical biology & medical modelling*. 2013. 10(1)20.

7.Liu M, Liu S, Yang L, Wang S. Comparison between nab-paclitaxel and solvent-based taxanes as neoadjuvant therapy in breast cancer: a systematic review and meta-analysis. *BMC Cancer*. 2021 Feb 4;21(1):118.

8.Gianni L, Mansutti M, Anton A, et al. Comparing neoadjuvant nab-paclitaxel vs paclitaxel both followed by anthracycline regimens in women With ERBB2/HER2-negative breast cancer-the evaluating treatment with neoadjuvant abraxane (ETNA) Trial: A randomized phase 3 clinical trial. *JAMA Oncol*. 2018;4(3):302-308.

9.Takemoto CK, Hodding JH, Kraus DM. *Drug Information Handbook*, 18th edn. Hudson, OH, USA: Lexicomp; 2011.

10.Zhao, L., Zhang, B. Doxorubicin induces cardiotoxicity through upregulation of death receptors mediated apoptosis in cardiomyocytes. *Sci Rep* **7**, 44735 (2017)

11.Liutkauskiene S, Grizas S, Jureniene K. *et al.* Restrospective analysis of the impact of anthracycline dose reduction and chemotherapy delays on the outcomes of early breast cancer molecular subtypes. *BMC Cancer*. 2018;18:453-462.

12.Liutkauskiene, S., Janciauskiene, R., Jureniene, K. *et al.* Retrospective analysis of the impact of platinum dose reduction and chemotherapy delays on the outcomes of stage III ovarian cancer patients. *BMC Cancer* **15**, 105 (2015).

13.Dotan E, Tew WP, Mohile SG, Ma H, Kim H, Sun CL, Caan B, Dale W, Gajra A, Klepin HD, Owusu C, Gross CP, Muss H, Chapman A, Katheria V, Hurria A. Associations between nutritional factors and chemotherapy toxicity in older adults with solid tumors. *Cancer*. 2020 Apr 15;126(8):1708-1716.

14.Ikeda, S., Yoshioka, H., Ikeo, S. *et al.* Serum albumin level as a potential marker for deciding chemotherapy or best supportive care in elderly, advanced non-small cell lung cancer patients with poor performance status. *BMC Cancer* **17**, 797 (2017).

15.Griggs J, Sorbero M, and Lyman G. Undertreatment of obese women receiving breast cancer chemotherapy. *Arch Intern Med*.2005;165:1267-1273.

16.Puisset F, Schmitt A, Chatelut E. Standardization of chemotherapy and individual dosing of platinum compounds. *Anticancer Res*. 2014;34(1):465–70.

17.Shem-Tov N, Labopin M, Moukhtari L, et al. Chemotherapy dose adjustment for obese patients undergoing hematopoietic stem cell transplantation: a survey on behalf of the Acute Leukemia Working Party of the European Society for Blood and Marrow Transplantation. *Oncologist*. 2015;20(1):50-55.

18.Mosli R, and Mosli H. Obesity and morbid obesity associated with higher odds of hypoalbuminemia in adults without liver disease or renal failure. *Diabetes Metab Syndr Obes.* 2017;10:467-472.

19.Wang X, Han H, Duan Q, et al. Changes of serum albumin level and systemic inflammatory response in inoperable non-small cell lung cancer patients after chemotherapy. *J Cancer Res Ther* 2013;10:1019–23.

20.Park CR, Kim HY, Song MG, Lee Y. Efficacy and safety of human serum albumin—cisplatin complex in U87MG xenograft mouse models. *Int JMol Sci.* 2020;21:7932.

Table 1. Patient characteristics

BMI	25	30	35	40	45	50
Weight (kg)	81	97	114	130	146	162
Adjusted wt (kg)	75(IBW)	75(IBW)	75(IBW)	78.5(LBW)	82.5(LBW)	85.9(LBW)
BSAm ² (180cm)	2.01	2.17	2.32	2.45	2.58	2.69

Table 2. Doxorubicin free level with BSA dosing and adjusted weight total albumin

BMI	25	30	35	40	45	50
BSA dosing 75mg/ m ² (μmol/mg)	278/151	300/163	320/174	339/184	357/194	372/202
Vd (1214L/m ²)	2440	2634	2816	2974	3132	3266
Total free amount μmol	79	101	121	133	138	144
Free level (μmol/L)	0.032	0.038	0.043	0.044	0.044	0.044
Factor over normal. (0.0284μmol/L)	1.12	1.34	1.51	1.54	1.54	1.54

Table 3. Cisplatin free level with BSA dosing and adjusted weight total albumin

BMI	25	30	35	40	45	50
BSA dosing 100mg/m ² (μmol/mg)	670/201	723/217	773/232	817/245	860/258	897/269
Vd 12L/m ² (L)	24.12	26.04	27.84	29.4	30.96	32.28
Total free amount μmol	88	141	191	208	220	230
Free level (μmol/L)	3.65	5.41	6.86	7.08	7.11	7.13
Factor over ideal body weight 75kg (2.78 μmol/L)	1.31	1.94	2.47	2.54	2.56	2.56

Table 4a. Estimated doxorubicin free drug level with dose of 75mg/m² (146mg (266μmol)) with BSA 1.94m² (180cm at 75kg) result in a total level of 0.1127 μmol/L over albumin 25-45g/L

Albumin g/L	45	40	35	30	25
Free drug total amount(μ mol/s)	67	89	111	133	155.4
Free drug level (μ mol/L)	0.0284	0.0380	0.0471	0.0564	0.0660
Fraction unbound	0.25	0.33	0.42	0.50	0.59
Bound drug level (μ mol/L)	0.0845	0.0751	0.0660	0.0564	0.0470
Precent albumin binding %	75	67	58	50	41
Free/Bound ratio	0.34	0.51	0.72	1.0	1.4
Factor over normal free level	1	1.34	1.66	1.99	2.32

Table 4b. Estimated cisplatin free drug level with dose of 100mg/m² or 194mg (646 μ mol) with BSA 1.94m² (180cm at 75kg) over albumin 25-45g/L

Albumin g/L	45	40	35	30	25
Free drug total amount(μ mol/s)	64.66	130	194	259	323
Free drug level (μ mol/L)	2.78	5.58	8.33	11.13	13.83
Fraction unbound	0.1	0.2	0.3	0.40	0.48
Bound drug level (μ mol/L)	24.96	22.16	19.37	16.62	13.92
Precent albumin binding %	90	80	70	60	52
Free/Bound ratio	0.11	0.25	0.43	0.67	0.99
Factor over normal free level dose	1	2.0	2.99	4.00	4.81

Table 5a. Estimated doxorubicin bound drug level with dose reduction capped at free level of 0.0284 μ mol/L for patients with low albumin

Albumin g/L	45	40	35	30	25
Dose with free drug level capped at 0.0284 μ mol/L (μ mol/mg)	266/146	243/132	221/120	199/108	177/96
Fraction unbound	0.25	0.28	0.30	0.33	0.38
Bound drug level after dose reduction (μ mol/L)	0.0845	0.0751	0.0660	0.0564	0.0470
Percent albumin binding %	75	72	70	67	62
Free/Bound ratio	0.33	0.37	0.43	0.50	0.60
Total level (μ mol/L)	0.113	0.103	0.094	0.084	0.075

Table 5b. Estimated cisplatin bound drug level with dose reduction capped at free level of 2.79 μ mol/L for patients with low albumin

Albumin g/L	45	40	35	30	25
Dose with free drug level capped at 2.79 μ mol/L (μ mol/mg)	646/194	581/174	516/154	451/135	387/116
Fraction unbound	0.1	0.11	0.125	0.144	0.17
Bound drug level after dose reduction (μ mol/L)	24.96	22.16	19.37	16.62	13.92
Percent albumin binding %	90	89	88	86	83
Free/Bound ratio	0.11	0.125	0.144	0.17	0.2
Total level (μ mol/L)	27.75	24.96	22.16	19.37	16.62

Table 6. BMI albumin reference range for hypoalbuminemia

BMI	25	30	35	40	45	50
BSA	2.01	2.17	2.32	2.45	2.58	2.69
Total albumin (g)	337(IBW)	337(IBW)	337(IBW)	337(IBW)	351(LBW)	366(LBW)
Vd 3.87L/m ² (L)	7.78	8.40	8.99	9.48	9.98	10.4
Normal estimated albumin (g/L)	43.0	40.1	37.0	35.5	35.2	35.1

Table 7. Albumin deficit correction for patient of BMI 25

Albumin level g/L	45	40	35	30	25
Total albumin (g)	337	299	262	225	187
Albumin deficit correction (g)	0	38	75	112	150

Table 8. Chemotherapy dose, percent protein binding and albumin-drug binding capacity.

Drug	Dose (mg/m ²)	Percent protein binding/unbound ¹¹	Albumin-drug binding capacity (μmol/g)	Volume of distribution
Cisplatin	100	90%/10%	1.73	11-12 L/m ²
Oxaliplatin	130	90%/10%	1.67	440 L
Doxorubicin	75	75%/25%	0.59	809-1214 L/m ²
Epirubicin	120	77%/33%	0.96	2-27 L/kg
Idarubicin	12	97%/3%	0.129	1500 L/m ²
Paclitaxel	175	89-98%/11-2%	1.18	227-688 L/m ²
Eribulin	1.4	49-65%/51-35%	0.0052	43-114 L/m ²
Etoposide	100	94-98%/6-2%	0.905	7-17 L/m ²
Vinorelbine	30	80-90%/20-10%	0.18	25-40 L/m ²
Bendamustine	100	94-96%/6-4%	1.5	25L
Chlorambucil	6	99%/1%	0.112	0.32L/kg
Pemetrexed	500	81%/29%	5.5	16.1L

Figure 1a. Doxorubicin free level with BSA dosing over BMI

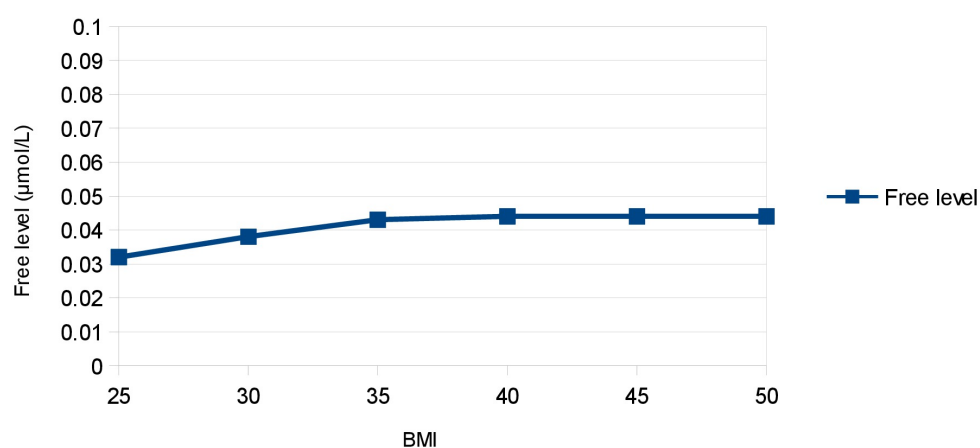


Figure 1b. Cisplatin free level with BSA dosing over BMI

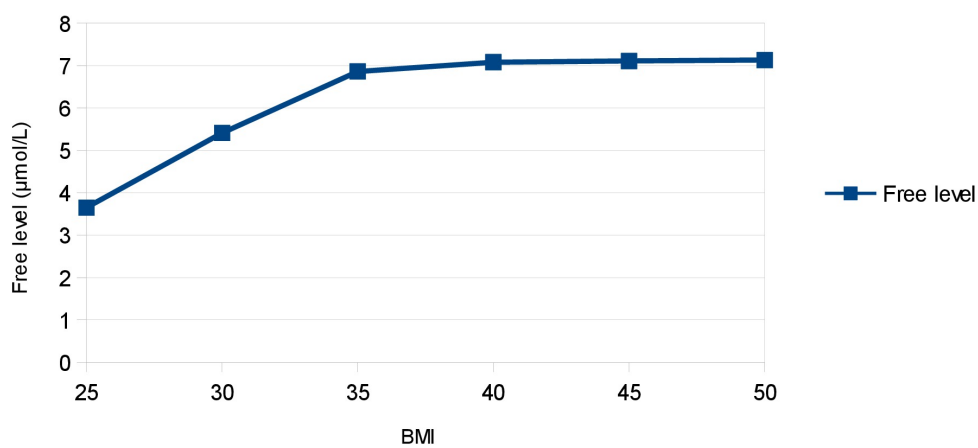


Figure 2a. Doxorubicin bound and free drug levels without dose reduction

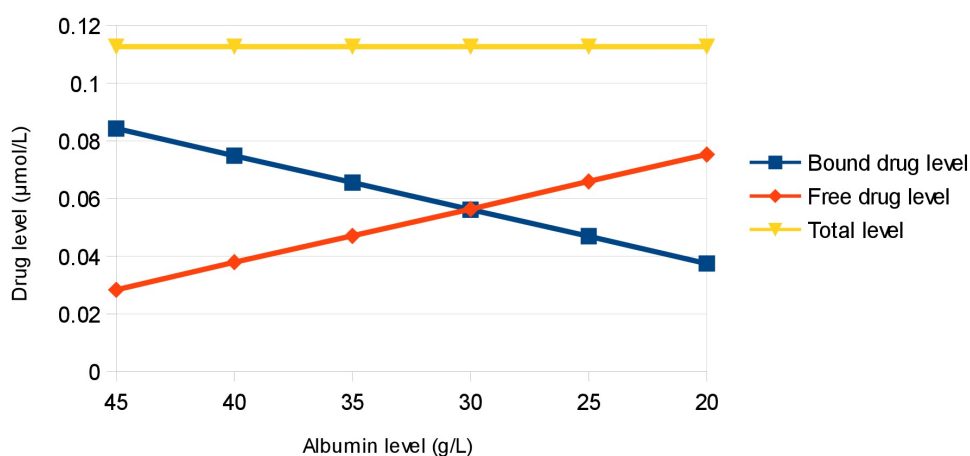


Figure 2b. Cisplatin bound and free drug levels without dose reduction

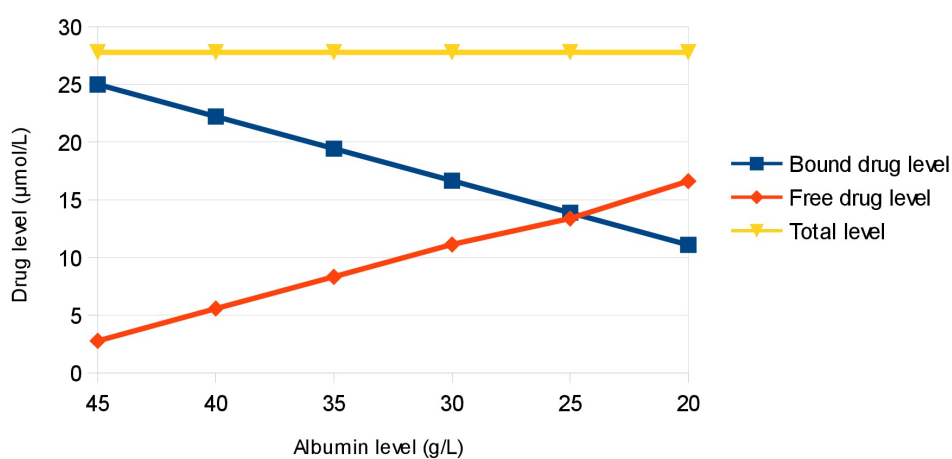


Figure 3a. Doxorubicin bound and free drug levels after dose reduction

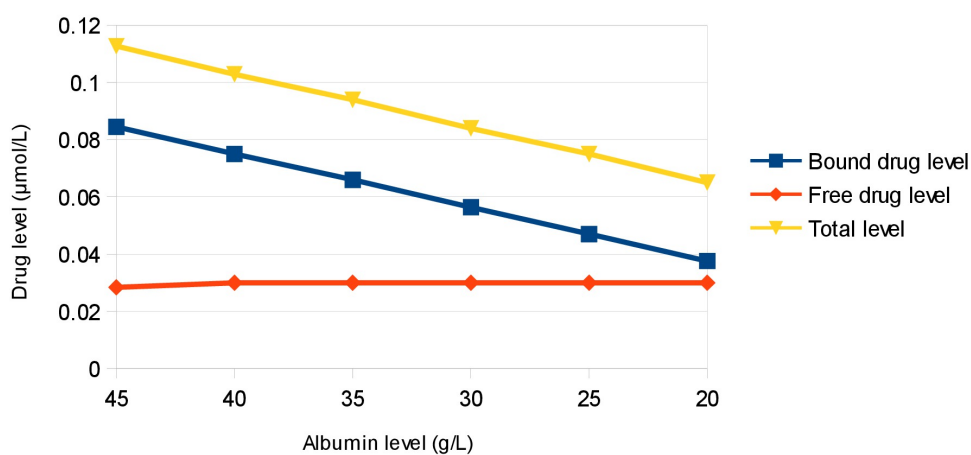


Figure 3b. Cisplatin bound and free drug levels after dose reduction

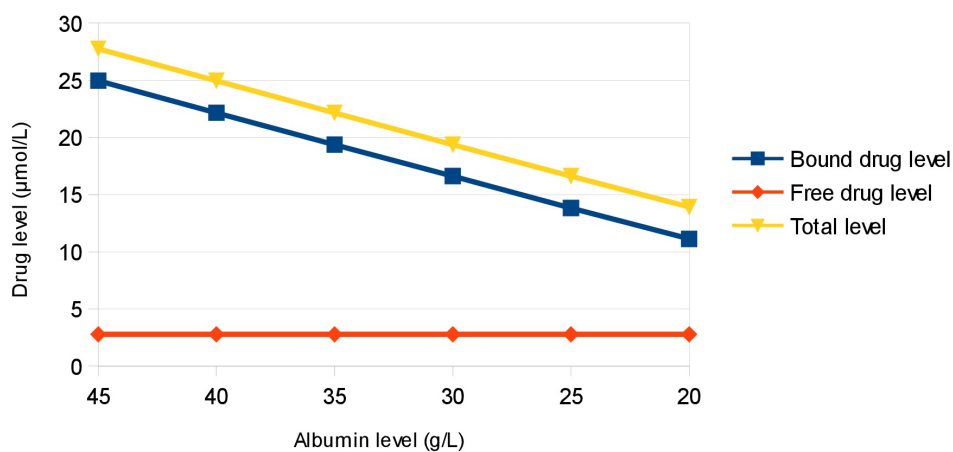
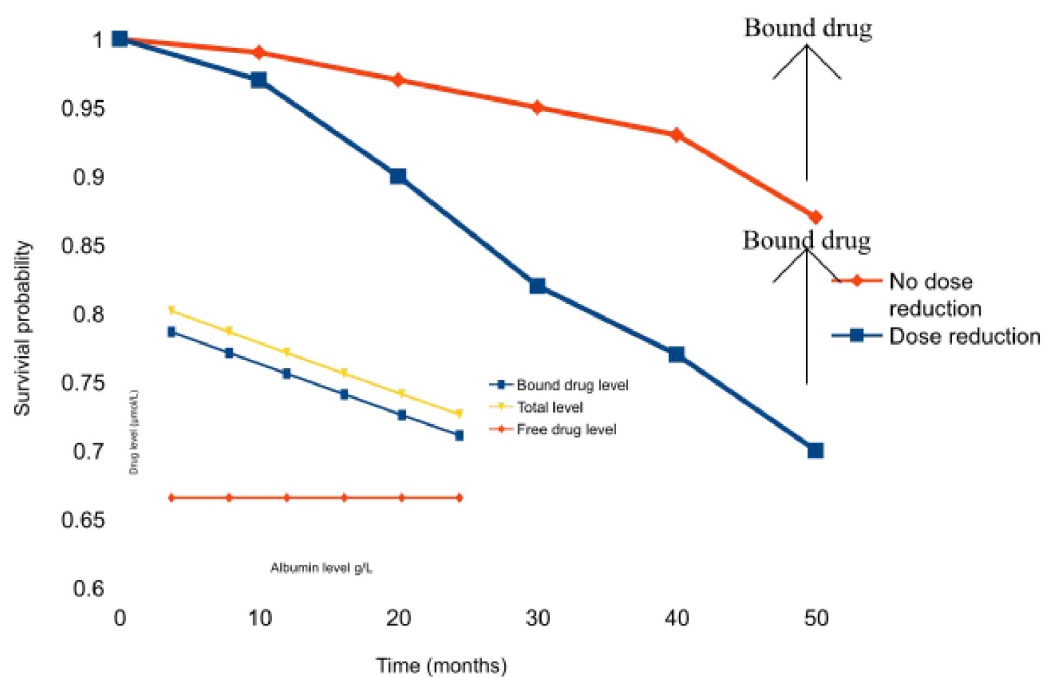


Figure 4. Superimposed dose-reduced chemotherapy over survival curve data.



APPENDIX

Lean Body Weight male = $(9270 \times \text{total body weight}) / (6680 + (216 \times \text{BMI}))$

Ideal Body Weight male = 50kg + 2.3kg for each inch over 5 feet

Equations

$V_d = \text{drug dose} / \text{serum drug concentration}$

$n(P_t) = [(1/f_u - 1) / K]$

albumin binding capacity = $n(P_t) / \text{albumin g/L}$

Dose (μmol) = Drug dose/Molecular weight

Bound drug dose (μmol) = Percent protein binding (%) x Dose (μmol)

Free drug (μmol) = (Bound drug dose (μmol)) x Dose (μmol)

Albumin-drug binding capacity ($\mu\text{mol/g}$) = Bound drug dose (μmol)/ 337g albumin

n(Pt) = Albumin-drug binding capacity ($\mu\text{mol/g}$) x 45g/L(normal albumin level)

Binding affinity = $(1/f_u - 1)/n(\text{Pt})$

Albumin reference range calculations.

If albumin was treated like a medication than $V_d = \text{Dose} / \text{Serum concentration}$

$V_d(\text{albumin}) = 337\text{g}(\text{total albumin}) / 45\text{g/L}$

$V_d(\text{albumin}) = 7.5\text{L}$

Volume of distribution divided by BSA of 1.94 m^2 (height 180cm, weight 75kg)

Volume of distribution per BSA = $V_d(\text{albumin}) / \text{BSA}$

$V_d \text{ albumin} / \text{BSA} \text{ m}^2 = 7.5\text{L} / 1.95\text{m}^2$

$V_d \text{ albumin} / \text{BSA} \text{ m}^2 = 3.87\text{L} / \text{m}^2$

Albumin deficit correction calculation.

Total patient albumin = $4.5\text{g/kg} \times (\text{wt kg}) (\text{IBW or LBW}) \times \text{patient's albumin serum level g/L} / 45\text{g/L}$

Total albumin based on weight = $4.5\text{g/kg} \times (\text{wt kg}) (\text{IBW or LBW})$

Albumin deficit = Total albumin based on weight – Total patient albumin

Doxorubicin normal patient calculations (75kg and 337 grams albumin)

BSA 1.94 m^2 (180cm and 75kg)

Dose (mg) = $75\text{mg}/\text{m}^2 \times 1.94\text{m}^2 = 145.5\text{mg}$

Dose (μmol) = Dose (g)/MW (g/mol) = $145.5 \times 10^{-3}\text{g} / 543.52\text{g/mol} = 266 \mu\text{mol}$

Bound drug (ppb 75%) = $0.75 \times 266 \mu\text{mol} = 199.5 \mu\text{mol}$

Free total drug = $266 \mu\text{mol} - 199.5 \mu\text{mol} = 66.6 \mu\text{mol}$

Albumin binding capacity ($\mu\text{mol/g}$) = $199.5 \mu\text{mol} / 337\text{g} = \mathbf{0.59 \mu\text{mol/g}}$

$V_d = 1.94 \text{ m}^2 \times 1214\text{L} / \text{m}^2 = 2355.16 \text{ L}$

Free drug concentration = Free total drug/ V_d = $66 \mu\text{mol} / 2355.16 \text{ L} = \mathbf{0.0284 \mu\text{mol/L}}$

Cisplatin normal patient calculations (75kg and 337grams albumin)

BSA 1.94 m^2 (180cm and 75kg)

Dose(mg)= $100\text{mg}/\text{m}^2 \times 1.94\text{m}^2 = 194\text{mg}$

Dose (μmol) = $194 \times 10^{-3}\text{g} / 300.01\text{g/mol} = 646 \mu\text{mol}$

Bound drug dose (ppb 90%) = $0.90 \times 646 \mu\text{mol} = 581.4 \mu\text{mol}$

Free total drug (μmol) = $646 \mu\text{mol} - 581.4 \mu\text{mol} = 64.6 \mu\text{mol}$

Albumin-drug binding capacity ($\mu\text{mol/g}$) = $581.4 \mu\text{mol} / 337\text{g albumin} = \mathbf{1.729 \mu\text{mol/g}}$

$V_d = 1.94 \text{ m}^2 \times 12\text{L} / \text{m}^2 = 23.28\text{L}$

Free drug concentration = Free total drug/ V_d = $64.6 \mu\text{mol} / 23.28\text{L} = \mathbf{2.78 \mu\text{mol/L}}$

Example Cisplatin free calculation for BMI 50

BMI $50\text{kg}/\text{m}^2 = 180\text{cm}$ height and 162kg weight

BSA= 2.69 m^2

Cisplatin dose $100\text{mg}/\text{m}^2 \times 2.69 \text{ m}^2 = 269\text{mg}$ or $897 \mu\text{mol}$

Patient is over BMI of 40 so LBW is used versus IBW

LBW= 85.9 kg

LBW 85.9kg x 4.5g/kg = 398grams albumin

Albumin-cisplatin binding $1.73\mu\text{mol/g} \times 389\text{ grams} = 667\mu\text{mol}$ Bound drug

Total drug $897\mu\text{mol} - 667\mu\text{mol}$ Bound drug = $230\mu\text{mol}$ Free drug

Free drug $230\mu\text{mol} / V_d 32.28\text{L} = 7.13\mu\text{mol/L}$ free drug level

Example Cisplatin free and bound levels without dose reduction at 25g/L albumin

BSA 1.94 m^2 (180cm and 75kg) $V_d 23.28\text{L}$

Cisplatin dose $100\text{mg}/\text{m}^2 \times 1.94\text{ m}^2 = 194\text{mg}$ or $646\mu\text{mol}$

Total albumin 75kg at 25g/L = $75\text{kg} \times 4.5\text{g/kg} \times 25\text{g/L} / 45\text{g/L} = 187.5\text{grams}$

Total bound drug = $1.73\mu\text{mol/g} \times 187.5\text{ grams} = 324\mu\text{mol}$

Free drug = Total dose $646\mu\text{mol} - \text{Bound drug } 324\mu\text{mol} = 322\mu\text{mol}$

Total drug level = $646\mu\text{mol} / 23.28\text{L} = 27.75\mu\text{mol/L}$

Bound drug level = $324\mu\text{mol} / 23.28\text{L} = 13.92\mu\text{mol/L}$

Free drug level = $322\mu\text{mol} / 23.28\text{L} = 13.83\mu\text{mol/L}$

Fraction unbound = $13.83\mu\text{mol/L} / 27.75\mu\text{mol/L} = 0.49$ or **49%**

Example Cisplatin free and bound levels with dose reduction at 25g/L albumin

Free drug level capped at $2.79\mu\text{mol/L}$

Free drug total = $2.79\mu\text{mol/L} \times 23.28\text{L} = 64.71\mu\text{mol}$

Bound drug from above $259\mu\text{mol}$

Total dose = free drug $64.71\mu\text{mol} + \text{bound drug } 324\mu\text{mol} = 389.42\mu\text{mol}$ or 116mg

Total drug level $389.42\mu\text{mol} / 23.28\text{L} = 16.73\mu\text{mol/L}$

Bound drug level $13.92\mu\text{mol/L}$

Free drug level $2.79\mu\text{mol/L}$

