

Review of: "The Cost of Being a Celebrity on Mental Health"

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Potential competing interests: No potential competing interests to declare.

I enjoyed reading this article on the mental health costs of being a celebrity. The author has focused on a number of aspects related to the poor mental health status of those always in the limelight and under constant public scrutiny. My main comments relate to further development of the manuscript:

1. It appears that much of what is stated in the article is based on our perceptions of what celebrity life is like. While prior research has been cited on some occasions, I feel that needs to be more consistent.
2. Being a celebrity can have different implications in different cultures. I wonder to what extent being a celebrity in, say, the US or UK compares with celebrity life in Iran, and how that compares with celebrity life in India or China, and so on. My point is the article could take a more specific focus on some countries or cultures rather than being too general.
3. While much of what has been mentioned in the manuscript is spot on, I think some mention could be made of the positive role sometimes played by celebrities in bringing more attention to and de-stigmatizing mental health conversations. For instance, in Bollywood, there are many examples from recent years where some celebrities have openly acknowledged their mental health struggles. Such gestures could have a positive impact on a society where mental health issues still tend to be shrouded in secrecy and stigma.

Best regards,

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