

Review of: "Endoscopic Posterior Cervical Laminoforaminotomy: Minimally Invasive Relief for Cervical Radiculopathy"

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Potential competing interests: No potential competing interests to declare.

The authors describe a case report of endoscopic posterior cervical laminoforaminotomy for cervical radiculopathy. The video presentation is very lucid and self-explanatory, though it has a clear audio description attached. The procedure is performed with a 15mm incision, with splitting of muscles. Only the extruded portion of the disc is removed, leaving behind the rest of the disc, which is quite helpful in the long run for preventing adjacent segment degeneration. Furthermore, an advantage of this approach as compared to the anterior one is that one can avoid fusion and fixation of the segment.