

Open Peer Review on Qeios

Nightmare Disorder

National Cancer Institute

Source

National Cancer Institute. <u>Nightmare Disorder</u>. NCI Thesaurus. Code C95076.

A sleep disorder characterized by the repeated occurrence of frightening dreams which precipitate awakenings from sleep; on awakening, the individual becomes fully alert and oriented and has detailed recall of the nightmare, which usually involves imminent danger or extreme embarrassment to the individual.

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