

Review of: "Staunch the Age Related Decline into Dementia, Cancer, Autoimmunity (POTS), Obesity, and Other Diseases with a Prebiotic, Probiotic, Postbiotic Triple Play"

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Potential competing interests: No potential competing interests to declare.

Updated and relevant article. "Triple play" is an apt term used for the combination of Probiotic, Prebiotic, and Postbiotic. The choice of prebiotic is merely better as inulin/FOS than D-mannan. The article is focused on the alteration of age-related diseases through triple play interventions in immunomodulation. The reviewing can be extended to the axis of the gut to other organs, and this will help to explain. The significance of the gut microbiome needs to be explained.