

# Review of: "Positive Thinking and Laughter Therapy"

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**Potential competing interests:** No potential competing interests to declare.

## General comment

- The authors can engage professional English experts to help with the proofreading and correction of all grammatical lapses that are present in the manuscript
- Are the authors referring to chronic non-communicable disease in this study, or simply chronic disease? I suggest the authors specify the type of chronic disease being studied in this study
- I think the structure or the way the manuscript is presented needs to be relooked at and represented in a form (structure) that is more presentable and publishable because, in its current form, the manuscript is difficult to read and understand
- There is a lot that needs to be done to improve the quality of this manuscript

## Topic

If the objective of this study is to investigate the efficacy of laughter therapy and positive thinking as complementary treatments for individuals with chronic diseases in Lebanon, amidst an ongoing economic crisis, then I suggest the topic should be revised to include chronic disease in the topic

## Abstract

- The author should restructure this statement "Chronic diseases are a significant public health issue globally and in Lebanon, where the economic situation exacerbates healthcare challenges" to convey better clarity as well as improved grammar
- The authors should structure the abstract into various sections to allow easy reading and understanding by the audience (e.g., background, aim, method, results, conclusion)

## Justification of the study

Are the authors trying to categorize "laughter therapy and positive thinking" as an alternative therapy, just a therapy substitute to medications and other forms of management of chronic diseases, or is it just a coping mechanism/strategy, or just a complementary therapy to medications and other forms of management of chronic diseases? Clarification should be provided to the audience of this manuscript

## Methodology

- Almost all the statements under methodology are in future tense. Is this study already done or yet to be done by the authors?
- Ethics: Is reporting the identity of participants in this study ethical, or was consent sought from the participants to reveal their identity? If there is any consent for this, it should be stated, and a copy of the consent provided as a supplementary file (evidence)
- I suggest the ethical consideration section of the manuscript should be included and in a well-detailed form
- How was the data collected? A detail of this should be provided.
- Before the analysis, were the interviews transcribed?
- What qualitative analysis software was used?
- I suggest the analysis section is rewritten again more systematically
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**Results:**

In my opinion, the results are presented in a way that is adequate for publication because the authors simply presented a table with quotes from the participants. I suggest the authors present their results in the way qualitative study results are presented for publication.