

# Review of: "[Mini-review] Impact on Oral Health of Smoking Cigarettes, Cigars or Hookahs"

Abuobaida Yassin

**Potential competing interests:** No potential competing interests to declare.

The mini-review provides a comprehensive overview of the impact of smoking on oral health. It synthesizes research findings to highlight various oral consequences, ranging from tooth pigmentation to oral cancer, and emphasizes the dose-dependent effects of smoking. The review also discusses the specific risks associated with different smoking methods, including the direct oral contact of cigars and the high toxic exposure from hookahs. Additionally, it touches upon the legal status and health risks of electronic cigarettes in Brazil. The review's references from reputable sources add credibility to the information presented. The use of citations from recent studies also demonstrates that the review is based on up-to-date research in the field, enhancing the reliability and relevance of the information provided. The review adequately addresses the main points related to the impact of smoking on oral health, covering a wide range of consequences, including both simple and complex issues, such as tooth pigmentation, periodontal health, and oral cancer. It even mentions the negative effects on supporting tissues and dental implants, further adding to the comprehensiveness of the review. The review effectively emphasizes the importance of healthy habits and dental follow-ups for mitigating smoking-related oral health issues. By underscoring prevention as the primary strategy against smoking-induced diseases, the review provides actionable advice for readers. However, one area that could be further expanded upon is the discussion of electronic cigarettes. While the review mentions their health risks and illegal status in Brazil, more information could be provided on the specific oral health consequences associated with electronic cigarette use. Additionally, further elaboration on the potential risks of disease transmission from sharing electronic cigarettes and hookahs would be beneficial. Overall, the mini-review provides a comprehensive overview of the impact of smoking on oral health. It synthesizes research findings, covers a range of oral consequences, and highlights the importance of prevention and healthy habits. With some additional expansion on electronic cigarettes and disease transmission, the review would be even more informative and comprehensive.

After reviewing the mini-review again, here are some areas for improvement:

- **In-text citations:** While the review includes a list of references at the end, it lacks in-text citations to attribute specific information or research findings to the corresponding sources. Adding in-text citations throughout the text would enhance the credibility and transparency of the information presented.
- **Expansion of electronic cigarette discussion:** The section on electronic cigarettes could be expanded to provide more details on their specific oral health consequences. This could include discussing the effects of e-cigarette aerosols on oral tissues, the potential for nicotine addiction, and any emerging research or controversies in this area.

