

## Review of: "The Consumption of Iceberg Lettuce May Reduce The Adhesion of Dietary Fat to The Mucus Surface of The Stomach Barrier Lining Decreasing The Risk of Triggering Acute Gastroesophageal Reflux"

Osama Hamid Shareef

Potential competing interests: No potential competing interests to declare.

Language: Might need editing and checking!

Comments to authors:

The authors reported that "The consumption of iceberg lettuce may reduce the adhesion of dietary fat to the mucus surface of the stomach barrier lining, decreasing the risk of triggering acute gastroesophageal reflux," as well as reported in the discussion section that "It is still unknown if the interactions between lettuce, fat, SF, and the mucus surface have a role in reducing GER or GERD. Further studies could consider particulate IL leaves, fat/SF/gastric mucosa interactions, gastric SF, the gut/lung axis, and the role of lipases". It seems to me the title may need to change!

"Well established" is used many times in the introduction section; if other terms are used instead of this, 'well' might be one!

I think part of this study needs to be performed in vivo on people who have "gastroesophageal reflux".

Qeios ID: KQ0IYW · https://doi.org/10.32388/KQ0IYW