

## Review of: "Prevalence of Common Mental Illness and Its Associated Factors among Hawassa City High School Students in Hawassa, Sidama Region, Ethiopia"

Nasir Ahmad<sup>1</sup>

1 University of Swat

Potential competing interests: No potential competing interests to declare.

The study titled "Prevalence and Associated Factors of Common Mental Illness Among High School Students in Hawassa City, Southern Ethiopia: A Cross-Sectional Study" aims to assess the prevalence of common mental illness and its associated factors among secondary and preparatory school students in Hawassa City. The research addresses an important gap in literature by focusing on adolescent mental health in a developing country context, specifically in Hawassa City.

The abstract is well-structured and provides a clear understanding of the study's purpose, methodology, findings, and implications.

The introduction effectively highlights the significance of studying common mental illnesses and their global burden. However, it could benefit from a brief overview of the specific common mental disorders (depression, anxiety, and somatoform disorders) being targeted in the study. Additionally, providing some context on the state of adolescent mental health in Ethiopia and the limited research in the Hawassa City area could enhance the introduction's relevance.

The objectives are clearly stated, emphasizing the goal of assessing prevalence and associated factors. Consider adding a sentence that explains the importance of understanding these factors in order to develop targeted interventions.

Methods: Mention the type of schools (public, private) included in the study to provide a clearer picture of the sample.

Clarify the rationale behind choosing the sample size of 634 students. Was this determined based on power analysis or other considerations?

It would be helpful to briefly describe the self-reported questionnaire used to assess common mental illness. Mention any standardized scales or criteria used for assessment.

Specify the response rate (if available) to assess the representativeness of the sample.

The results section is succinct and effectively presents the key findings, including the prevalence rate and associated factors. Consider providing a brief description of the demographic characteristics of the study sample.

Discussion and Conclusion:



Although the abstract doesn't include the discussion and conclusion sections, it could be beneficial to offer a sentence or two highlighting the potential implications of the findings for mental health interventions in school settings.

Overall, the abstract presents a valuable study that addresses an important issue in adolescent mental health. With minor changes and the inclusion of relevant citations, it can further enhance its impact and contribution to the field.