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Black Cohosh

National Cancer Institute

Source

National Cancer Institute. *Black Cohosh*. NCI Thesaurus. Code C26647.

A triterpene-containing herb isolated from the roots and rhizomes of the plant *Cimicifuga racemosa* (also known as *Actaea racemosa*). While the mechanism of action of black cohosh is not completely understood, it appears to act as a selective estrogen receptor modulator. In vitro, this preparation has been shown to induce cell cycle arrest and caspase-dependent apoptosis of estrogen-sensitive breast cancer cells. (NCI04)