

Review of: "A Mixed Studies Systematic Review on the Health and Wellbeing Effects, and Underlying Mechanisms, of Online Support Groups for Chronic Conditions"

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Potential competing interests: No potential competing interests to declare.

This systematic review of the evidence presents critical information across 90 studies looking at the impact and mechanisms of change related to online support groups. The study is quite significant, well written, and detailed. The tables outline the methodology, and the final table does an excellent job summarizing the results. I have no suggestions for improvement and look forward to the publication of this paper so I may utilize the findings in my work. Thank you for this contribution to knowledge.