

# Review of: "Internal migration and mental disorders among the adult population: a community-based cross-sectional study in Nepal"

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Potential competing interests: No potential competing interests to declare. No potential competing interests to declare.

1. TITLE: To me, there is a major discrepancy between the reader invitation given by the current title and the content of the paper. "Internal migration" is neither playing a central role in the paper nor in the findings. In line with this view, I suggest that the title and focus be changed to something like: "Migration and mental disorders in Nepal: a community-based cross-sectional study."

Nepal has a major proportion of citizens working on time contracts abroad. Therefore, I suggest that migration in general be made the main focus of the paper. It would be relevant to compare the prevalence of mental disorders among those with a background in internal migration and those with external migration, and both in relation to those who never had been involved in migration. That would address issues of interest.

1. QUALITY OF LANGUAGE: This aspect of the paper must be improved. Seek help from a native English-speaking person and do this only when finalizing the paper toward the end.
2. The paper is too long and digressive; there are too many irrelevant details and variables. The paper needs to be curtailed by cuts in the text volume and by having a sharper focus on migration and mental disorders as presented in the aim of study.
3. ABSTRACT: The Results section is too brief and must include in short the main findings in accordance with the aims of the study.
4. INTRODUCTION: Do not start sentences with a pure number. Rather write "About 970 mill. ..." and "About 82% ..." or in some other way to avoid that sentences start with pure numbers.
5. There should be clear references for all numbers used. Some references seem to be missing.
6. The clause about the "8 mill. dying" can be deleted.
7. As "internal migration" is a key concept and variable, an explanation about how it is used in the paper should be given the first time the concept is mentioned in the main body of the paper.
8. A brief note at some point should explain why the age classifications ended as early as at 49 years; it is surprisingly early.
9. AIM OF STUDY: At the end of the introduction, state clearly the aims of the study, and keep the same sequence in the "Results" sections when presenting the findings as indicated by the sequence in the aim of study.
10. METHOD - Re. setting: The description about Nepal is too detailed and long; just a few of them proved significant in

the analyses. This section could be cut down to half. In table 1, only provinces are used as a variable, and the paper should not go much further.

11. Table 1: Put the variable version used in the analyses first as that is most relevant. Write thereafter, and with a clear demarcation, what they were derived from. When the categorical variables are not dichotomous, use dummy variables in the logistic regression analyses.
12. RESULTS: Only write in some detail about significant findings; the non-significant ones can be summed up in a sentence or two. Their p-values are included in the tables.
13. DISCUSSION: At the beginning, sum up the main findings in the same order as given by the sequence of the aims of the study; the aims are to be stated at the end of the introduction. Only discuss significant findings and what they may mean when comparing them with the findings of others.
14. The obligatory part of every scientific study, "Limitations of the study," is missing. To be included.