

# Review of: "Will to Power: The Utility of Friedrich Nietzsche's Moral Philosophy for Philosophical Counseling"

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The article represents a profound exploration of Nietzsche's ethical thought, particularly its application within the context of philosophical counseling and addiction recovery. The author skillfully knits together Nietzsche's complex notions of the will to power and suffering, presenting them not as abstract philosophical concepts but as practical tools for confronting life's challenges.

The article's strength lies in its clarity and depth, making Nietzsche's often challenging ideas accessible and relevant to practitioners and those seeking pathways out of addiction. The author demonstrates a unique ability to bridge the gap between Nietzsche's philosophy and contemporary therapeutic practices, mainly through the lens of LBT, thus revitalizing the ancient notion of philosophy as a way of life.

By positioning Nietzsche's analysis of suffering and the will to power as uplifting philosophies that can inspire resilience and life affirmation, the author provides an intriguing perspective on the utility of philosophical counseling. His argument that Nietzsche's thought can serve as an antidote to erroneous thinking and contribute to addiction recovery is compelling.

Best wishes to the author.