

Review of: "[Commentary] When 'Ignorance is Bliss' in Medicine"

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Potential competing interests: No potential competing interests to declare.

In the present manuscript, the author emphasizes the significance of connecting with 'pure consciousness' or the 'inner self' in the practice of medicine. It is nicely written; however, I have certain concerns listed below:

1. The concept of 'pure consciousness' and its healing effects is presented in a subjective and experiential manner. The text lacks empirical evidence or scientific studies to support the claims made about the benefits of connecting with the 'inner self.' Medical practices generally rely on evidence-based approaches, and the absence of concrete scientific validation may limit the acceptance of these ideas within the medical community.
2. The manuscript suggests that a physician connected to their 'inner self' can positively influence the patient's healing process. However, it generalizes the impact of a physician's inner state on all patients. Individual patient preferences, beliefs, and responses to different therapeutic approaches vary, and not all patients may find the same level of comfort or benefit from this approach.
3. The manuscript implies that 'simple knowledge' can be as effective as complex scientific knowledge in the healing process. While a positive and empathetic attitude is undoubtedly valuable, there are situations where complex medical knowledge is crucial for accurate diagnosis and treatment. Ignoring the advancements in medical science may lead to missed opportunities for improved patient outcomes.
4. While the text advocates for connecting with 'pure consciousness,' it could provide more concrete guidance on how physicians can practically incorporate this approach into their daily practice. Clearer instructions or examples could help healthcare professionals understand how to integrate these concepts into their routine without disrupting established medical practices.