

Review of: "Ethnobotanical Documentation of Yerba Mate in Syria"

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Potential competing interests: No potential competing interests to declare.

This document presents an ethnobotanical study on Yerba Mate consumption in Syria, highlighting its cultural adoption, health benefits, and unique social practices. It demonstrates how this beverage, introduced by migrants in the 20th century, has been integrated into local customs with the addition of Syrian medicinal herbs, enriching its traditional uses. Finally, it offers an interesting foundation for further research on its therapeutic benefits and its role in Syrian traditional medicine.