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Hereditary fructose intolerance

INSERM

Source

INSERM. (1999). *Orphanet: an online rare disease and orphan drug data base*. [Hereditary fructose intolerance](#). ORPHA:469

Hereditary fructose intolerance (HFI) is an autosomal recessive disorder of fructose metabolism (see this term), resulting from a deficiency of hepatic fructose-1-phosphate aldolase activity and leading to gastrointestinal disorders and postprandial hypoglycemia following fructose ingestion. HFI is a benign condition when treated, but it is life-threatening and potentially fatal if left untreated.