

# Review of: "Providing Medical Assistance in East Africa: A Life-Changing Experience."

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**Potential competing interests:** No potential competing interests to declare.

I would like to thank you for sharing your experiences working with the disadvantaged communities in sub-Saharan Africa and the capacity building efforts you have undertaken and documented in this article.

East African countries are faced with numerous challenges ranging from protracted conflicts, poverty, poor health infrastructure, lack of human resources for health, and increased burden of diseases (communicable and non-communicable diseases). Access to health care is limited, and where these services exist the quality generally poor. It is interesting to read how your role evolved over time and how it contributed to promoting access to healthcare, and education opportunities to the vulnerable communities. Leaving your job at NHS and using your savings to support the vulnerable communities is enviable. The sacrifices you made are enormous, and networking and multi-tasking capabilities as described in this manuscript are admirable cannot be taken for granted. The opportunities you undertook to research has contributed not only to the general body of academic knowledge but has also enabled transformation health service delivery in the marginalised communities. This piece of work serves as an inspiration to some of us working in your conflict affected settings.

I have enjoyed reading this piece of work which demonstrates the real issues faced by the vulnerable communities in sub-Saharan Africa and how committed people like you can bring a smile to the poor and vulnerable persons.