

Review of: "[Commentary] The Polyfollicular Anovulatory Androgenic Syndrome: A New Label for an Old Syndrome"

Anneen Venter

Potential competing interests: No potential competing interests to declare.

The name PCOS causes confusion for patients. Many patients explain their diagnosis as multiple ovarian cysts or blisters on their ovaries.

Consider the name Polyfollicular Anovulatory Hyperandrogenic Syndrome. (PAHS) Rather Hyperandrogenic than Androgenic as to have different letters for the different symptoms/manifestations.

As we do with PALMCOIEN classification for heavy menstrual bleeding, you can the circle or underscore the involved symptoms. For instance the (P)A(H)S for those who have ovulatory cycles, or (P)(A)HS for those without hyperandrogenaemia.

The abstract of your articles mentions prolonged menstrual periods. This may create confusion as it may also mean prolonged bleeding, instead of of long cycles as you most likely intended. Consider the use of prolonged menstrual cycles in this context.

For a reference of the different phenotypes you can use:

Lizneva et al. Criteria, prevalence and phenotypes of polycystic ovary syndrome. Fertil Steril. 2016;106:6-15.

The largest challenge with name change is to have ESHRE, ASRM and other regulatory societies in agreement as not to cause further confusion.

Consider submitting this proposal for one of the 2023 conferences.