

Review of: "A Systematic Review and Meta-Analysis of Psychotherapeutic Approaches for Recurring Nightmares"

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Potential competing interests: No potential competing interests to declare.

The paper: A Systematic Review and Meta-Analysis of Psychotherapeutic Approaches for Recurring Nightmares

I am grateful for the opportunity to provide feedback on such an important paper about such an important subject. In addition, I would like to take this opportunity to offer my heartfelt congratulations to the article's authors for their productive work.

Abstract	The abstract is characterized by its conciseness and structured format.
Introduction	The introduction chapter exhibits a well-organized structure, characterized by brevity and conciseness. However, it should be noted that a few of the references cited in the text are outdated.
Methods	<p>"The search strategy will be developed"</p> <p>Since the search has been finished, I would suggest changing this to read "The search strategy was developed."</p> <p>This should be made clear throughout the entirety of the chapter.</p>
Results	<p>The findings are succinctly and precisely presented. However, the inclusion of visual aids, such as tables or figures, would have enhanced the effectiveness of the presentation by providing a clear visualization of the results.</p> <p>Including a presentation of the clinical context referenced in the studies would provide an additional benefit.</p> <p>The inclusion of a more comprehensive description of the participants, including their ethnicity (if available), would be beneficial for the reader, as these factors have been shown to play a significant role in influencing treatment responses. This aspect would also be addressed in the subsequent discussion and acknowledged as a potential limitation.</p> <p>Additionally, I would appreciate the inclusion of a table (in the article or as supplementary material) that presents the risk of bias assessment for each of the studies that were included in the analysis</p>
Discussion	The discussions should be enhanced by incorporating the factors that I have delineated in the comments pertaining to the methods and results sections.
General assessment	In order to enhance the academic rigor of this manuscript, further refinement is required, particularly in the clarity and organization of the methods section as well as the depth of the discussion.

Good luck with your crucial research work!

Final judgment: Accepted with modifications

Best wishes

Schippert, Ana Carla

