

Review of: "Psychosocial Rehabilitation Services for Persons with Substance Use Disorder"

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Potential competing interests: No potential competing interests to declare.

My comments follow 1) a description of the general contents, 2) the appropriateness of the description, and 3) a personal opinion about the relevance of the paper.

- 1) The main issue of the paper is a general description of a service for people with a diagnosis of Substance Use Disorder (SUD) in India, with a historical view of previous publications. From the beginning, the authors started with important statements showing that individual scientists did not have enough perspective to explain the SUD. The evolution of the center at the same time is the evolution of the substance market. It is crucial to understand how the risk and harm caused by a substance could change the preference of composition. The multidisciplinary approach, and the different offers for rehabilitation (indoors, outdoors, and follow-up services), explain the need to understand SUD as a chronic disease, although not in a specific manner. The focus on the different substances shows that the typology of the disease is different in each class of substance and that they have specific approaches for each.
- 2) The paper has an important point when it shows the necessary changes in the treatment approach and explains the main importance of the social determinants, and how the rehabilitation services implement the offer based on those. One of the most important is the Specialized Services for Women, as well as the focus on youth, children, and adolescents.
- 3) Substance use problems have a very sad history in the world. Most of the rehabilitation programs were (are) a modification of prison sentences with the wrong idea that the main problem was the lack of obedience to authority. The paper shows how it is possible to change this position through a multidisciplinary approach and using the best available evidence, as is possible over the years with continuous methodical work. The different therapeutics offered in the services show many aspects of cultural lives and the trust of the utility of addictions. However, it is important to show that any proposed treatment will be effective only if the follow-up is consistent with the chronicity of the disease.