

## Review of: "The effectiveness of diaphragmatic breathing relaxation training for improving sleep quality among nursing staff during the COVID-19 outbreak: a before and after study"

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This is an interesting and valuable paper, well done! But there is a minor point. In the abstract it was mentioned "First-line nurses achieved significant reductions in global sleep quality (p<0.01)", which might be misunderstanding. After intervention, the nurses' PSQI scores were reduced, but it means an improved sleep quality.

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