Review of: "Insomnia Prevalence and Mental Health Correlates Among 18,646 Users of an Internet-Based Cognitive-Behavioural Therapy Website: Archival Real-World Data From the United States, 2017–2019"

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The article is very interesting, as it addresses a numerically robust population, which ensures great analytical power. It presents extremely relevant relationships between insomnia and the tested variables, including health, sociodemographic, and work-related factors. As suggestions for improving the paper, I recommend:

1. Do not overemphasize digital services in the introduction, as the digital platform was merely the means of data collection and was not evaluated as a health technology.
2. I don't see the need to present the research questions at the end of the "Overview of Study" section.
3. Regarding the Methods section, it may be necessary to clarify the sampling process or whether it was clearly based on convenience, even though articles exploring the study protocol in more detail (60 and 61) are cited.
4. I have doubts about whether the study's approval requires a more direct mention of its approval by an Ethics Committee for Research Involving Human Beings.
5. The results are quite lengthy and may need to be more in tune with the abstract, being more direct in presenting the key findings in a more scientific language: a. Prevalence of insomnia

   b. Health-related factors associated with insomnia

   c. Sociodemographic factors associated with insomnia

   d. Work-related factors associated with insomnia
6. After making these adjustments, I believe the manuscript will be ready for final publication.