

# Review of: "Harmful “Herbalism” maliciously spreading from Mexico determines cases of iatrogenic Cushing's syndrome"

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It is a topic of relevance because several supplements, presumably of herbal origin, can be altered with pharmacological agents due to a commercial interest, better than an interest in improving the population's health. Using these products represents a significant risk to the health of a great part of the population. Hence the necessity to implement efficient regulation mechanisms. These naturist complements or supplements should be suitably standardized in their components and evaluated their effectivity, and security in patients.

COFEPRIS in Mexico has sanctioned several products that have been removed from the market. Furthermore, the General Health Act sets out the labelling and production standards that are often not complied by producers. Despite these efforts, these products remain on the market.

Although the cases mentioned are relevant, it is also significant that many other instances need to be considered, not only in Mexico but also worldwide, particularly in Latin America. It is necessary to establish optimal regulatory parameters for the safe use of these products due to their great popularity.

The regulation of the consumption of these products worldwide is mandatory, like their distribution channels and online sales. Although the references of the instances of the table should be included and enriched with other examples, the relevance of this topic is significant, and indisputably the problem should be spread on the eve of possible measures to prevent their consumption without restriction.