

# Review of: "Management of Nutritional Failure in People with Severe ME/CFS: Review of the Case for Supplementing NICE Guideline NG206"

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Potential competing interests: No potential competing interests to declare.

Interesting and well-written article. It highlights an issue that has been much discussed in recent years. Nutrition in patients with ME/CFS is crucial to avoid malnutrition.

Diet therapy and nutritional support methods must always be personalised according to the patient's requirements and difficulties.

Despite the presence of the NICE NG206 guidelines, some healthcare professionals prefer methods other than those indicated, justifying them with results from clinical practice.

The author emphasises the importance of following the guidelines as there is no evidence of effectiveness of approaches other than those recommended.