

# Review of: "The Consumption of Iceberg Lettuce May Reduce The Adhesion of Dietary Fat to The Mucus Surface of The Stomach Barrier Lining Decreasing The Risk of Triggering Acute Gastroesophageal Reflux"

Serena Carpentieri<sup>1</sup>

<sup>1</sup> University of Salerno

Potential competing interests: No potential competing interests to declare.

The manuscript "The Consumption of Iceberg Lettuce May Reduce the Adhesion of Dietary Fat to the Mucus Surface of the Stomach Barrier Lining, Decreasing the Risk of Triggering Acute Gastroesophageal Reflux," is quite well-written, and the results provided are scientifically sound. However, the aim of the manuscript and its novelty should be better highlighted, and the language throughout should be improved.

Specifically, references related to the methodologies used should be included in the Materials and Methods section.

Conclusions should be focused on summarizing the main findings from the study and possible future perspectives, including in vivo studies on humans to confirm the results obtained in the present study and further support their transferability.