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# Lancet

National Diabetes Information Clearinghouse (NDIC)

## Definitions

[Blood glucose monitoring](#)

Defined by National Diabetes Information Clearinghouse (NDIC)

## Source

*National Diabetes Information Clearinghouse (U.S.). (2009). The diabetes dictionary. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.*

A spring-loaded device used to prick the skin with a small needle to obtain a drop of blood for [blood glucose monitoring](#).