

Review of: "Conscientious objection to enforcing living wills: A conflict between beneficence and autonomy and a solution from Indian philosophy"

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According to the WHO, mental health interventions must be culturally sensitive [1]. Furthermore, addressing ethical challenges can be crucial for ensuring the mental well-being of individuals and the integrity of healthcare practices [2]. Therefore, resolving an ethical dilemma can be seen as a mental health intervention for the individual having the dilemma. As culturally sensitive mental health interventions are ideal [1], and following on from the logic that resolving an ethical dilemma is a mental health intervention, it is important that the resolution of the ethical dilemma follow an emic approach. To have an emic approach to resolving medical ethical dilemmas, it is important to apply Eastern and other non-Western philosophical principles to medical problems. To that end, Konduru and Das's work [3] applies Eastern philosophical principles to the ethical dilemmas in end-of-life care. This work is significant because it is of practical value and can serve as a template for how Eastern philosophies can be applied to medical ethical dilemmas. Medical ethics practice and research is deeply rooted in Western philosophy, whereas Eastern philosophies, with their wide breadth, can enrich the field, and more research is needed in bringing their applicability to medical practice to light. Such research will not only be of academic interest but will also be of practical value to medical professionals who practice Indic religions.

[1]. [Internet]. WHO; [cited 2024 Mar 7]. Available from: <https://www.who.int/docs/default-source/mental-health/guidelines-on-mental-health-promotive-and-preventive-interventions-for-adolescents-hat.pdf>

[2]. Silva E, Till A, Adshead G. Ethical dilemmas in psychiatry: When teams disagree. *BJPsych Advances*. 2017 Jul;23(4):231–9. doi:10.1192/apt.bp.116.016147

[3] Konduru L, Das N. Conscientious objection to enforcing living wills: A conflict between beneficence and autonomy and a solution from Indian philosophy. *Qeios*. 2023 May 8; doi:10.32388/fuzzhg