

Review of: "Training Teachers to Become Mental Health Promoters: Impact on Their Well-Being"

Rani Gul¹

¹ University of Malakand

Potential competing interests: No potential competing interests to declare.

The paper unveils a study purposed at scrutinizing the “Training Teachers to Become Mental Health Promoters: Impact on Their Well-Being. Below lies a discerning assessment and a few recommendations for refinement:

Introduction: The paper lacks clarity in organization. It jumps from discussing the background to describing the method without a clear transition. Breaking down the paper into distinct sections like Introduction, Method, Results, Discussion, and Conclusion could improve readability.

Literature Review: While the paper mentions several studies related to teacher mental health, it lacks a comprehensive literature review that synthesizes existing research on the topic. A more thorough review of relevant studies would provide context and help justify the need for the current study.

Sample Description: The demographic characteristics of the sample are provided, but there is no discussion of how representative the sample is of the broader population of teachers in Portugal. Providing information on the selection process and potential biases would strengthen the study's validity.

Measures and Variables: The paper describes the measures used in the study, but it lacks detail on the validity and reliability of these measures. Including information on the psychometric properties of the scales used would enhance the credibility of the study's findings.

Data Analysis: The paper provides results from statistical analyses, but it lacks interpretation and discussion of the implications of these findings. A more thorough analysis and discussion of the results, including their practical significance, would strengthen the paper.

Discussion: The discussion section provides some interpretation of the results but could benefit from a deeper analysis of the implications of the findings. Discussing the broader significance of the study and its implications for teacher training programs and mental health promotion initiatives would add value to the paper.

Language and Style: The paper contains grammatical errors and unethical phrasing. A thorough proofreading and editing process would improve the clarity and readability of the paper.