

Review of: "Is Indian Costus Effective Against the SARS-CoV-2 Virus?"

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The answer to the question is no. To date, there is no evidence that Indian Costus is effective against SARS-CoV-2. The document is speculative. Makes unfounded assumptions based on popular use of the plant, its ability to make natural products that show activity against some symptoms associated with COVID disease (such as inflammation), or in vitro antiviral activity against other viruses, not the one that causes COVID. In addition, since biological activity against COVID has not been demonstrated, the safety or effective dose for use in humans is still far from being established. Nevertheless, the potential for investigating the anti-SARS-CoV-2 activity of this plant will remain open.