

Review of: "Provision of creative arts interventions in UK drug and alcohol services: A cross-sectional study"

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Substance addiction is a serious health problem for society that affects all communities. The article "Provision of creative arts interventions in UK Drug and alcohol services: A cross-sectional study" is very interesting because it provides a mapping of non-pharmacological interventions, specifically creative arts interventions (art therapy, music therapy, drama therapy, dance, and movement therapy...), provided in drug and alcohol services in the UK. The article notes that most of the services included in the study offered treatment with talking therapies and that only half of the services (51.61%) offered therapies based on creative arts interventions. However, the professionals obtained beneficial effects with the use of this type of creative arts intervention. Given that there is still little scientific evidence on this subject and because it provides the valuable opinion of professionals who work daily with drug addicts, I highly recommend the publication of this article. In addition, this type of therapy can be a very useful tool in those cases in which users have difficulty expressing their feelings with verbal therapy.