

Review of: "Six Months of Remote Patient Monitoring is Associated with Blood Pressure Reduction in Hypertensive Patients: An Uncontrolled, Observational Study"

Nuoya Chen

Potential competing interests: No potential competing interests to declare.

First of all, it is a clearly written and well structured article.

However, there are several limitations for the findings.

- 1. The specification of the blood pressure monitoring device was not published. Given the differences in devices, the results for BP monitoring may differ.
- 2. The findings did not specify when the blood pressure was taken, or offer clear guidelines for patients to take BP at a specific time of the day. For instance, blood pressure taken in the morning, in the evening, before and after meal, before and after sports activities may differ.

I suggest the authors address these two issues before the article can be published for rigor of the findings.

Qeios ID: NKEQKI · https://doi.org/10.32388/NKEQKI