

Review of: "There is high prevalence of overnutrition among married and cohabiting women in Nigeria: Findings from the 2018 Nigeria Demographic and Health Survey"

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Potential competing interests: No potential competing interests to declare.

Comments

Overweight/obesity is excessive consumption of fat due to consumption of energy intake (energy intake) with energy used (energy expenditure) for a long time. In this study, it seems that the researchers did not involve these two variables and only involved socio-ecological factors as independent variables (individual level, interpersonal level, and community/societal level), and determined whether there was a relationship between the independent variables and overnutrition. So, that it cannot be known the direct cause of overnutrition among married and cohabiting women.

Suggestion

The researcher should add justification to explain why using the socioecological model (SEM) as a framework in this study.