

# Review of: "How Competent are Health Professionals in Delivering Nutrition Education? A Cross-Sectional Study in Ebonyi State, Nigeria"

Rosemary Cosme-Chavez<sup>1</sup>

<sup>1</sup> Yonsei University

Potential competing interests: No potential competing interests to declare.

The overall subject of the article is compelling, the article sections have been established properly, and in general, have been well written (in exception of a few typos that need to be corrected). However, I would like to provide a few suggestions that I believe could improve the overall manuscript for publication.

## INTRODUCTION

The authors mentioned the "WHO Decade of Action on Nutrition", which is actually part of the United Nations Sustainable Development Goals (SDGs); specifically SDG 2 and 3.

Considering that the end of such a decade is the year 2025, the introduction could have included some information regarding what has been/has not been done to improve the nutritional status, and/or reduce malnutrition in the continent or study area, if such information were available. The aforementioned could have given the introduction more weight in presenting the importance of the subject, not only at the local level, but as a subject to be addressed by the entire global community.

## MATERIALS AND METHODS

The **Study Setting** section does not need to mention the hospitals from which the sample was withdrawn, as they are presented in detail in the **Sampling Technique** section. Instead, a brief and concrete explanation regarding the public health facilities (both public and private) in terms of level of care, type (i.e., maternal and child health, etc.), or other relevant characteristics would have been better.

In the **Sampling Technique** section, the explanation about the selection of the 421 respondents should be clarified by including the information related to its rationale ("The study recruited doctors, dentists, nurses, physiotherapists, and dietitians due to their frequent contact with patients with different ailments requiring nutrition education") included in the **Study Setting** section.

## Data Management

A more detailed explanation should be provided about the dependent and independent variables, in terms of specific questions, coding, and validity and reliability.

## Ethical Consideration

The number of the approved IRB protocol should be included. In addition, information about the informed consents provided by the study participants should be reported.