

Review of: "The Effectiveness of Telerehabilitation in Improving Balance Control Among Older Adults: A Systematic Review & Meta Analyses"

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Potential competing interests: No potential competing interests to declare.

Article comments:

The Effectiveness of Telerehabilitation in Improving Balance Control Among Older Adults: A Systematic Review & Meta Analyses

"Telerehabilitation, as a method of remote rehabilitation, has shown several advantages, including the ability to improve patients' physical performance in the same way as in-person treatments, suggesting that it may be a valid alternative. Moreover, the implementation of telerehabilitation among the elderly has proven to provide a sense of security and reliability, facilitating access to care in both rural and urban areas and reducing costs for healthcare professionals and patients.

Regarding your systematic review, it seems that you have outlined well-defined inclusion criteria and a clear research objective. It is important that the review considers the variety of studies available and carefully evaluates the quality and consistency of the results. A graphical abstract is missing to help the reader quickly gain an overview of the research article. Your review question is well-formulated and focuses on the effectiveness of telerehabilitation in improving balance control among the elderly, a crucial aspect for their health and independence."