

Review of: "Public Speaking Training Plan for Mitigating Oral Communication Apprehension"

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Public speaking is a difficult and stressful situation for many people. Some personal characteristics are among the factors that affect public speaking skills. Adapted from Kolb's (1984) experiential learning theory, this training plan was written very successfully, especially for developing public speaking skills. However, it would be useful to share the results by making a pilot application. I congratulate the authors for their creative ideas.