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Candida

National Diabetes Information Clearinghouse (NDIC)

Definitions

Immune system

Defined by National Diabetes Information Clearinghouse (NDIC)

Diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

A fungus that is normally found in the body but commonly becomes overgrown in people with [diabetes](#). Overgrowth is due to increased sugar in the body and a weakened [immune system](#). Use of antibiotics or birth control pills also increases the risk of candida overgrowth. *Candida* overgrowth can lead to infection, causing itching, skin lesions, or rash. Some common areas of infection are in or around the mouth, armpits, groin, vagina, and nails.