

Review of: "Flourishing in Salsa Dance: A Qualitative Investigation of Aesthetic, Artistic, and Creative Contributions"

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Potential competing interests: No potential competing interests to declare.

This article is engaging in documenting the benefits of salsa dancing touching on multiple aspects of the aesthetic, artistic, cognitive, physical and general well being. It seems like all of the findings align with existing research. The “novel qualitative evidence” mentioned in the conclusion needs further discussion. Please include those specifics in the conclusions. In addition, the majority of the research discussed is dated (10+ years). I would recommend including current literature that specifically focuses on the benefits of salsa dancing using qualitative methodology. I have provided some sources here:

Stepping into Salsa culture: an experiential account of engaging with a university non-credit dance programme (2021)

The power of interactive flow in salsa dance: a motion-sensing phenomenological inquiry featuring two-time world champion, Anya Katsevman (2020)

Salsa Rhythms and Soul Connections (2023)

Psychological Potential of Social Latin Dances (2019)

I also recommend some edits regarding the writing:

In the abstract provide a proper definition of “flourishing” quoting from Seligman. “A positive psychology context” is still very ambiguous. Cite your source for “reflexive thematic analysis.”

Reword “each a real thing” in this statement. What does “thing” refer to? Say what it represents instead of “a real thing.”: “Seligman (2011) put forth a well-being theory whereby the constituent parts of well-being, each a real thing, contribute to it but do not define it.”

Please correct what is underlined: “Remuneration for taking part was not advertised or (change to nor) offered.”

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