

Review of: "Designing a Hypothetical Model of Fourfold Vedic Music Therapy (FVMT) from the Aśvamedhic Uttaramandrā-Gāthā"

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Potential competing interests: No potential competing interests to declare.

I find the contents of the article interesting and its development very elaborate. However, I found the text's structure and argumentation difficult to follow.

The initial abstract makes the sense of the text very concrete, but not the introduction. I would suggest that in the second section (introduction) they begin by raising the general problem to which they want to respond in the essay. I found the quotations at the beginning very difficult to understand until I read the whole text. That is why I would suggest that the first paragraph be a simple exposition of the general field of knowledge where the proposal is located; detailing what has been written about it so far.

In the last paragraph of the introduction there is some detail of the method followed, this helps a lot to understand the text. I do not know if something more could be specified about the methodological framework chosen.

The rest of the sections follow one after the other almost in the form of a discussion, the penultimate one being where the concrete proposal of music therapy is developed. First the myths used in this tradition are presented, then the temporo-musical details, and finally the way in which the authors suggest to use this model of music therapy at present. I did not find it easy to understand this part either, perhaps because it is a field quite far from my knowledge. However, it should be noted that the structure and figures in these sections have helped me to understand them.

On the other hand, I have missed the development of the limitations of this study; as well as proposals for the future.

As for the conclusions, I would recommend that they be elaborated calmly and simply, going to the core of their findings, without getting lost in summarizing the current situation of the population in general.

In case it would be of help to the authors, this essay has reminded me a lot of axiodrama theory, although it is a very different field of application. I express it in case it would be of help in the discussion of other therapeutic techniques that employ the use of myths with an important aesthetic background.

