Review of: "Text messages to support e-cigarette use for smoking cessation: a tool for researchers"

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The article is written well providing a good and already used methodology to support smoke cessation programs. The paper provide a summary of the proper text to be used in such tool. With the increase in the addiction numbers among adolescents who started to use e-cigarette as well as significant increase of cigarettes' smokers who switched to be addicted to e-cigarettes, I am against the concept itself. The availability of different vaping systems to users of all ages in an open market invalidate the medical purpose of its use for smoke cessation. Data shows that the decrease in the number of cigarettes' smokers is associated with increase in the number of e-cigarettes users and accompanied by increase in the number of first time e-cigarettes users among adolescents who never smoked cigarettes before. The literature is full of articles that describe the side effects of long term use of e-ciagrettes which are not safe and harmful. There should be ban on e-cigarettes and more strict regulations should be implemented n all alternative tobacco products. Once again , I am not criticizing the article but I believe the smoke cessation approach through the use of e-cigarette has created more damage than its assumed potential benefits.