

Review of: "Obesity and life events: the hypothesis of psychological phenotypes"

Ayşe Dikyoğlu Mutlu

Potential competing interests: No potential competing interests to declare.

In the overall evaluation, in my opinion, the article proposes a good way of understanding the psychological factors contributing to obesity; when grounded in properly, it may provide a psychological model of obesity.

Yet, there are certain problems that attracts my attention;

- The first three paragraphs introduce the underestimation of different factors contributing to obesity even among healthcare professionals, which gives me the message that the topic is about underlying factors; however, it suddenly moves to bodily responses to weight gain, and then once more suddenly moves to stigmatization. I am very confused about the aim of the study at this point.
- In the following parts, there is a medium integrity within each heading; for example, whether psychological factors are the cause or the result of obesity is discussed in a good way, and that would be a good introduction for a paper reflecting the psychological factors in developing and in treatment of obesity; yet, moving to metabolic phenotypes was a bit sudden. Linking childhood abuse and life stressors to obesity development is provided a grounding for psychological pathways to obesity, that may be enriched in different aspects.
- Thus, there is a lack of coherence within the overall paper; the author should much more clearly identify aim of the paper, and follow a specific, grounded, and determined route while reflecting his/her aim.