

# Review of: "Effectiveness of a novel multi-modal intervention for family caregivers of persons with age-related macular degeneration: a randomised controlled trial"

Sang Joon Lee<sup>1</sup>

<sup>1</sup> Kosin University

Potential competing interests: No potential competing interests to declare.

This study compared the psychological burden, depression, fatigue, and health-related QOL of caregivers of patients with AMD after providing them with a support program, M-CBT modules and five talk-link group counseling, compared to a control group. The treatment groups were randomized. The program was delivered over a three-month period of 10 weeks. All of the support was delivered by telephone. Unfortunately, there were no statistically significant differences, but the intervention group showed improvement in several indices.

The intervention was aimed at caregivers of people with AMD. However, patients diagnosed with AMD have a wide range of visual prognoses. We believe that the impact on caregivers may be different depending on the degree of vision and visual acuity of the AMD patient. In this regard, it would be beneficial to analyze the patients diagnosed with AMD separately according to the degree of vision, i.e., the degree of poor vision should be similarly distributed in both groups.