

# Review of: "[Commentary] Postpartum Depression: An Invisible Distress in the United Kingdom"

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**Potential competing interests:** No potential competing interests to declare.

Dear Authors,

This commentary focused on postpartum depression (PPD), an urgent and important health issue that has not yet received enough support. It is a comprehensive review that covered many topics of this issue, including limited support from the health system, barriers to limited support, long-term effects of PPD on children, and proposed recommendations to improve PPD management. This commentary also highlighted special needs among young or at-risk mothers, which reflects a health equity perspective. I have the following questions for your reference.

1. This paper demonstrated that the NHS does not provide enough support or resources for PPD. It would be great to illustrate more about 1) what resources or policies the NHS currently provides for PPD; 2) what new suggestions are from the recent NHS plans, including the NHS Long Term Plan, Maternity and Paternity Leave rules, along with the Equality Act 2010; 3) What kind of policies or interventions the NHS needs to address PPD.
2. You mentioned social stigma and cultural barriers of PPD. What are those social stigmas and cultural barriers? Which groups of mothers are the most vulnerable?
3. Why recommend the Edinburgh Postnatal Depression Scale? Better talk about this assessment's psychometrics.