

Review of: "The Ancient Indian Knowledge System and the Medical Sciences"

Dhirajsingh Sumersingh Rajput¹

¹ Central Council for Research in Ayurvedic Science

Potential competing interests: No potential competing interests to declare.

The title seems too broad and difficult to cover in a single review. The term "Ancient Indian Knowledge System" includes spiritual knowledge, daily regiments, guidelines related to seasonal regiments, behavioral guidelines, Yoga, and Ethic etc. Similarly, the term "Medical Sciences" is also broad as the medical science is divided into physiology, anatomy, pathology, and pharmacology etc. The title need to be a representative of the complete data presented in the article.

The abstract mentions "The article discusses ancient Indian ideas and thought processes that are related to modern medicine and health", however; what is expected from "ancient Indian ideas" is unclear. The manuscript is focused on Ayurveda, therefore word such as "Traditional Indian System of Medicine (TISM)" seems suitable to use.

The information need systematic flow and insightful review of literature. Nadi Pariksha (pulse examination), Panchakarma, and several herbs description seems unable to cover the mentioned objectives. The correlation of TISM with modern medic also need to be presented more systematically. For example, data can be presented under headings such as 1. Method of patient examination, 2. The diagnosis methodology, 3. The concept of physiopathology, 4. The multi-model approach of treatment, 5. The significance of diet and lifestyle modification in prevention and management of chronic ailments, etc.

Heading such as "Origin of Indian Medicine", "Attributes of Mind According to Ancient Medical System", "Mind-Body Relationship", "Archeological Record of Medical Practice", "Spread Of Indian Knowledge" and "Synonyms and Varieties of Jwara (Fever)" seems not required as such information is already available. Moreover, these headings feels diversion from the objection which indicates "Indian knowledge related to modern medicine and health". Based on the objective, it is expected that only the relevant literature information which is related to modern medicine and health, and can help update/improve current practice, should be presented. Such attempt will definitely make the review as innovative and contributing one.