

Review of: "A Study from the Perspective of Chinese Traditional Culture, Social Medicine, and the Healthy China Strategy: The Imperative Revival of Chinese Shoulder-Carrying Culture - A Solution to China's Dilemma of Aging Load-Bearing Laborers"

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Potential competing interests: No potential competing interests to declare.

Strengths points of the manuscript:

- one of the most valuable aspects of this manuscript is its "well written" aspect.
- it is very interesting to me since it made me familiar with some aspects of the health situation in China.

Weak points of the manuscript:

- Who are the exact target group of this manuscript? I couldn't find
- It is too long and a little boring, both for reviewer and maybe the next reader. I think it should be summarized, including its "ABSTRACT" section.
- More explanation is necessary in the "METHOD" section, for instance, if the PRISMA guidelines have been followed or not?
- the limitations of this study should be more explained, since the other people (in the other countries) are not familiar with health issues in China especially in the target group, and the problems or limitations against the implementation of this study.

However, it is a valuable manuscript to be published, if the comments are considered.