

Review of: ""Mealtime Hydration's Impact on Digestion": An Editorial Article"

Sanchayita Rajkhowa

Potential competing interests: No potential competing interests to declare.

The article clearly states its main point or argument early on, making it easy for readers to understand the focus. The author uses facts, statistics, examples, or expert opinions to back up their claims, making the information credible. The information is presented in a logical order, with clear transitions between ideas.