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# Cod Liver Oil

National Cancer Institute

## Source

National Cancer Institute. *Cod Liver Oil*. NCI Thesaurus. Code C65348.

The oil extracted from various species of *Gadus*. Cod liver oil contains high levels of omega-3 fatty acids, eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), and vitamins A and D. It is used as a dietary supplement.